

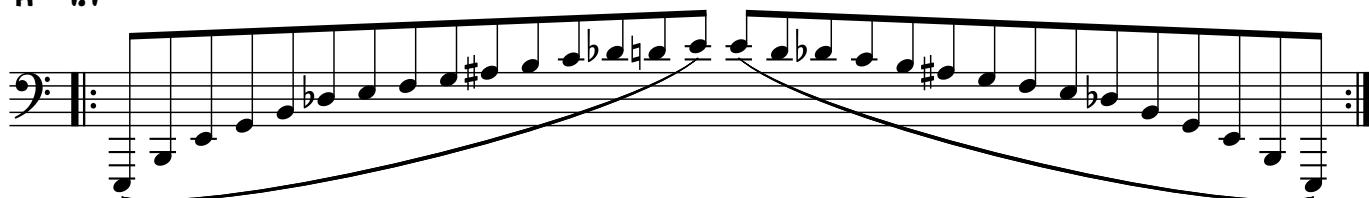
Workout

for Alphorn und Büchel

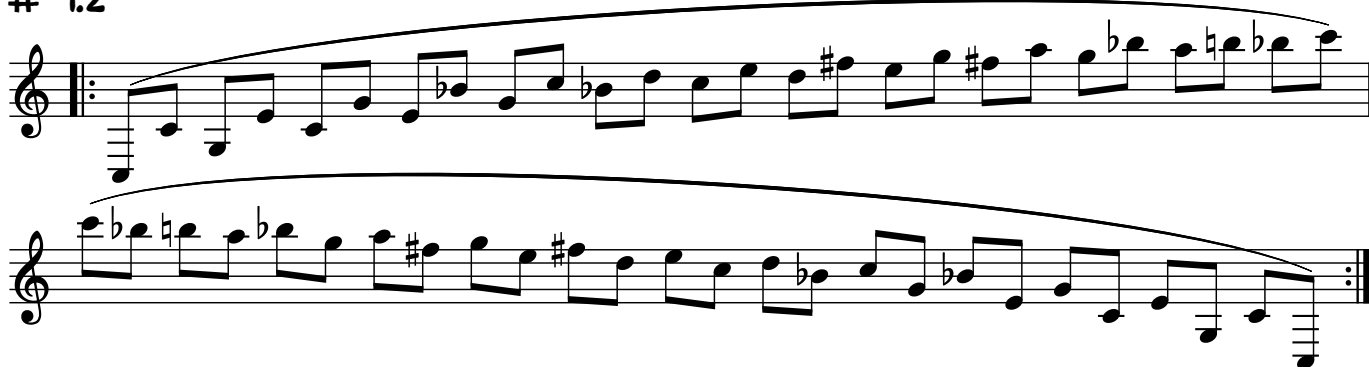
Allocate 1/3 of daily practice to this workout. Select 2-3 exercises, change them after two weeks. Use metronome. Adjust tempo and range to keep exercises challenging. 10-20 repetitions. Pay attention to airflow, economical playing, clean sound, and gentle lip pressure. Vary phrasing and articulation according to the objective.

1 - Runs & Glissandi

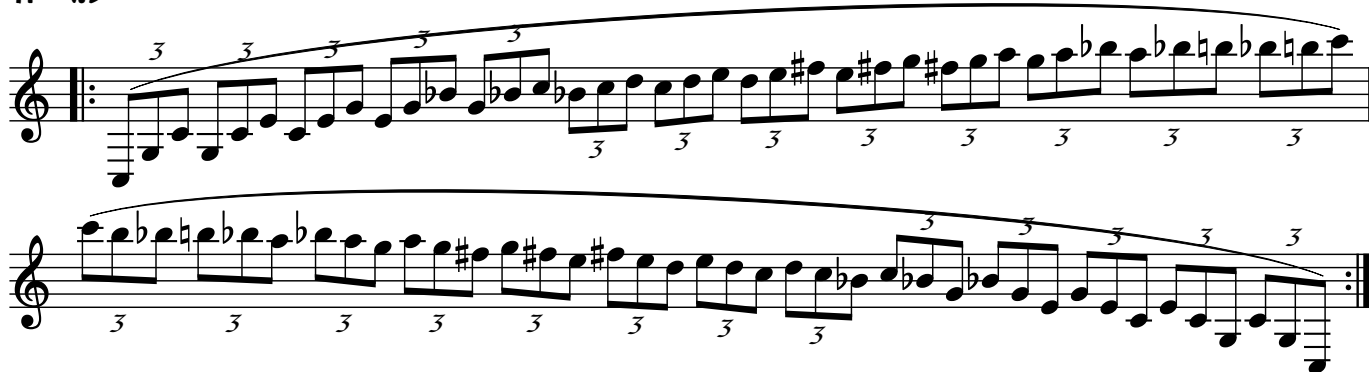
1.1



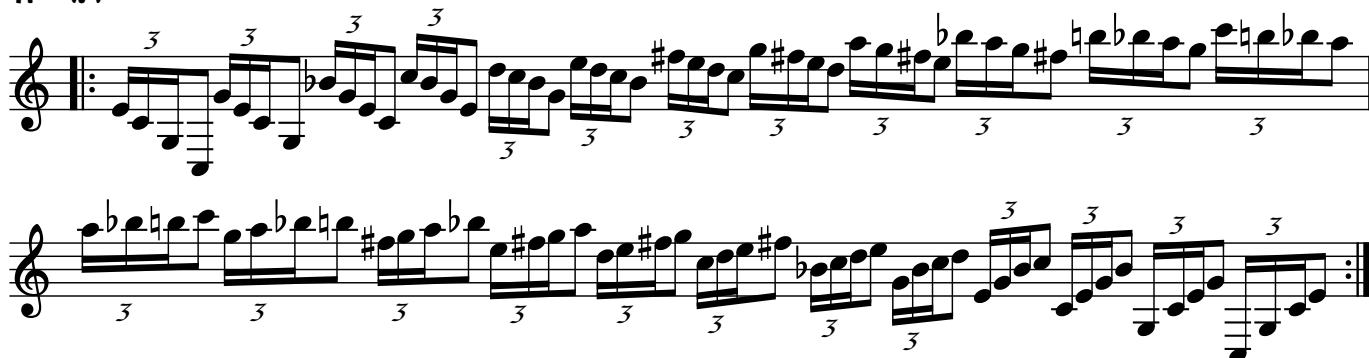
1.2



1.3



1.4



1.5

Exercise #1.5 consists of two staves of music. The first staff begins with a treble clef, a key signature of one sharp (F#), and a common time signature (C). It features a series of eighth notes with a slur, followed by a repeat sign. The second staff continues with eighth notes, some with flats, and a final repeat sign.

1.6

Exercise #1.6 consists of two staves of music. The first staff starts with a treble clef, a key signature of one sharp (F#), and a common time signature (C). It contains a long slur over a sequence of eighth notes, followed by a repeat sign. The second staff continues with eighth notes, some with flats, and a final repeat sign.

1.7

Exercise #1.7 is a single staff of music in treble clef, one sharp (F#), and common time (C). It features eighth notes with slurs and repeat signs throughout the piece.

1.8

Exercise #1.8 is a single staff of music in treble clef, one sharp (F#), and common time (C). It features eighth notes with slurs and repeat signs, ending with a final note that has a flat.

1.9

Exercise #1.9 is a single staff of music in treble clef, one sharp (F#), and common time (C). It features eighth notes with slurs and repeat signs throughout the piece.

1.10

Exercise #1.10 is a single staff of music in treble clef, one sharp (F#), and common time (C). It features eighth notes with slurs and repeat signs throughout the piece.

1.11

Musical notation for exercise #1.11, consisting of two staves. The first staff features a melodic line with a slur over the first half and a repeat sign. The second staff features a melodic line with a slur over the first half and a repeat sign. The notation includes various accidentals and a repeat sign.

1.12

Musical notation for exercise #1.12, consisting of two staves. The first staff features a melodic line with four triplets marked with a '3' and a slur. The second staff features a melodic line with four triplets marked with a '3' and a slur. The notation includes various accidentals and a repeat sign.

#1.13

Musical notation for exercise #1.13, first staff. It features a melodic line with four glissandos marked with 'gliss.' and a slur. The notation includes various accidentals and a repeat sign.

Musical notation for exercise #1.13, second staff. It features a melodic line with four glissandos marked with 'gliss.' and a slur. The notation includes various accidentals and a repeat sign.

Musical notation for exercise #1.13, third staff. It features a melodic line with four glissandos marked with 'gliss.' and a slur. The notation includes various accidentals and a repeat sign.

2 - Articulation

2.1

Double Tongue

2.2

Double tongue

2.3

Double tongue

2.4

Triple tongue

2.5

Triple tongue

Musical score for exercise #2.5, featuring triple tonguing. The exercise is written on a grand staff (treble and bass clefs). It consists of two staves of music. The first staff begins with a repeat sign and contains a sequence of eighth notes grouped in threes, with '3' written above each group. The notes ascend and then descend, ending with a fermata. The second staff continues the sequence, also with eighth notes grouped in threes, and ends with a fermata.

2.6

Tripel tongue

Musical score for exercise #2.6, featuring triple tonguing. The exercise is written on a grand staff. It consists of two staves of music. The first staff begins with a repeat sign and contains a sequence of eighth notes grouped in threes, with '3' written above each group. The notes ascend and then descend, ending with a fermata. The second staff continues the sequence, also with eighth notes grouped in threes, and ends with a fermata.

2.7

Breath Attack! (no tongue)

Musical score for exercise #2.7, featuring breath attack. The exercise is written on a grand staff. It consists of two staves of music. The first staff begins with a repeat sign and contains a sequence of eighth notes grouped in threes, with '>' written below each group. The notes ascend and then descend, ending with a fermata. The second staff continues the sequence, also with eighth notes grouped in threes, and ends with a fermata.

2.8

Breath Attack! (no tongue)

Musical score for exercise #2.8, featuring breath attack. The exercise is written on a grand staff. It consists of two staves of music. The first staff begins with a repeat sign and contains a sequence of eighth notes grouped in threes, with '>' written below each group. The notes ascend and then descend, ending with a fermata. The second staff continues the sequence, also with eighth notes grouped in threes, and ends with a fermata.

4 - Interval Training

4.1

Exercise 4.1 consists of two staves of music in 4/4 time. The first staff features a sequence of eighth notes in the right hand, with a slur over the final two notes (Bb and A) and an accent (>) over the Bb. The second staff shows a sequence of quarter notes in the left hand, with a slur over the final two notes (Bb and A) and an accent (>) over the Bb.

4.2

Exercise 4.2 consists of two staves of music in 4/4 time. The first staff features a sequence of eighth notes in the right hand, with a slur over the final two notes (B and A) and an accent (>) over the B. The second staff shows a sequence of quarter notes in the left hand, with a slur over the final two notes (B and A) and an accent (>) over the B.

4.3

Exercise 4.3 consists of two staves of music in 4/4 time. The first staff features a sequence of eighth notes in the right hand, with a slur over the final two notes (Bb and A) and an accent (>) over the Bb. The second staff shows a sequence of quarter notes in the left hand, with a slur over the final two notes (Bb and A) and an accent (>) over the Bb.

4.5

Exercise 4.5 consists of two staves of music in 4/4 time. The first staff features a sequence of eighth notes in the right hand, with a slur over the final two notes (B and A) and an accent (>) over the B. The second staff shows a sequence of quarter notes in the left hand, with a slur over the final two notes (B and A) and an accent (>) over the B.

4.6

Exercise 4.6 consists of two staves of music in 4/4 time. The first staff features a sequence of eighth notes in the right hand, with a slur over the final two notes (Bb and A) and an accent (>) over the Bb. The second staff shows a sequence of quarter notes in the left hand, with a slur over the final two notes (Bb and A) and an accent (>) over the Bb.

5 - Dynamics

5.1

ppp < *fff* > *ppp* < *fff* > *ppp* < *fff* > *ppp* < *fff* >

5.2

pp *p* *mp* *mf* *f* *ff* *pp* *p* *mp* *mf* *f* *ff* *pp* *p* *mp* *mf* *f* *ff*

5.3

ppp ————— *p* *ppp* ————— *p* *ppp* ————— *p* *ppp* ————— *p*

ff ————— *p* *ff* ————— *p* *ff* ————— *p* *ff* ————— *p*

5.4

p < *f* > *p* < *f* > *p* < *f* > *p* < *f* >

p < *f* > *p* < *f* > *p* < *f* > *p* < *f* >

6 - Lip Triller

6.1

Exercise 6.1 consists of three staves of music. Each staff begins with a double bar line and repeat dots. The first staff contains a sequence of notes with a slur underneath. The second staff contains a sequence of notes with a slur underneath. The third staff contains a sequence of notes with a slur underneath. Each staff ends with a repeat sign and a double bar line.

6.2

Exercise 6.2 consists of two staves of music. The first staff contains a sequence of notes with slurs underneath. Above the notes are four triplet markings (3). The second staff contains a sequence of notes with slurs underneath. Above the notes are four sextuplet markings (6). Each staff ends with a repeat sign and a double bar line.

6.3

Exercise 6.3 consists of two staves of music. The first staff begins with a double bar line and repeat dots. It contains a sequence of notes with slurs underneath. Dynamic markings *ff* and *pp* are present. The second staff begins with a double bar line and repeat dots. It contains a sequence of notes with slurs underneath. Dynamic markings *ff* and *pp* are present. Each staff ends with a repeat sign and a double bar line.

6.4.

Two staves of musical notation. The first staff begins with a treble clef and a repeat sign. It contains three measures of eighth-note patterns, each with a slur underneath. A double bar line with a slash follows. The second staff continues with two measures of eighth-note patterns, each with a slur underneath. A double bar line with a slash follows. The final measure of the second staff features a slur over a sequence of eighth notes, ending with a fermata.

7 Ornaments

7.1

A single staff of musical notation starting with a treble clef and a repeat sign. It contains three measures of eighth-note patterns, each with a '3' above it indicating a triplet. A double bar line with a slash follows. The final measure of the staff features a slur over a triplet of eighth notes, with a '3' below it.

7.2

A single staff of musical notation starting with a treble clef and a repeat sign. It contains four measures of eighth-note patterns, each with a '3' above it indicating a triplet. A double bar line with a slash follows. The final two measures of the staff feature slurs over triplet eighth notes, with '3' below each.

7.3

A single staff of musical notation starting with a treble clef and a repeat sign. It contains two measures of eighth-note patterns, each with a quarter rest. A double bar line with a slash follows. The final measure of the staff features a slur over eighth notes, with a flat sign below the first note.